National Association of Social Workers

....the power of social work

September 22, 2015

Victoria Wachino, Director Center for Medicaid and CHIP Services Centers for Medicare and Medicaid Services 200 Independence Avenue Southwest Washington, DC 20201

Dear Director Wachino:

On behalf of the National Association of Social Workers, Washington chapter, I am writing to express our strong support for the Supportive Housing Medicaid benefit proposed in Washington State's 1115 Medicaid Transformation Waiver application to the federal Centers for Medicare and Medicaid Services.

Supportive housing is a nationally recognized evidence-based best practice for serving people who are chronically homeless and have serious behavioral and/or physical health disabilities. People who are chronically homeless experience significant health disparities, including high rates of chronic and acute behavioral and physical illnesses, risk of injury, trauma, exposure from living outside, and barriers to accessing uninterrupted, appropriate levels of health care. As a result, this population also has high costs to public systems, including Medicaid, due to frequent emergency department utilization, hospitalizations, and high utilization of other public crisis services.

A strong body of local and national evidence has demonstrated that supportive housing is effective in helping people who are chronically homeless access and retain permanent housing and regular, appropriate levels of health services. This intervention leads to housing stability, positive health outcomes, and improved utilization of more appropriate health and social services. These proven outcomes result in significant savings to public systems that often exceed the cost of providing supportive housing. An evaluation of DESC's 1811 Eastlake Project, a supportive housing program in Washington State, found that more than \$4 million in savings to public systems was achieved within the first year of the program¹. Of this total, 56% of the savings was in Medicaid cost reductions.

One of the barriers to bringing supportive housing fully to scale in Washington is a shortage of funding for the housing services that are critical to the model's success. If approved, the Supportive Housing Medicaid benefit will bring additional resources for supportive housing services to Washington and will help make the expansion of this intervention financially feasible. In my community, this benefit will help provide supportive services to people with a housing case manager. This person is located where the person lives and this reduces barriers to accessing support. This service can provide a connection to get further resources when needed, like food, transportation, medication refill reminders, or making a doctor's appointment before there is a crisis. Housing case managers also help to build community, and watch out for vulnerable people in the building. Positive connections and housing frequently lead to harm reduction and improved health outcomes as well as longer stability in housing.

Thank you for your consideration of Washington's 1115 Medicaid Transformation Waiver application. We look forward to continuing to work with the Washington State Health Care Authority to implement the 1115 waiver and a supportive housing Medicaid benefit. If approved, this proposal will result in significant savings to Medicaid while ensuring people with serious disabilities are able to live with security, autonomy and dignity in their own communities.

Sincerely,

Taylene Watson, AACSW **Executive Director**

Corrine Ketchmark President

Ann Allen, LICSW Chairperson, Legislative Action Committee

¹ http://jama.jamanetwork.com/article.aspx?articleid=183666